

LENCOE GRAND PRIX WOMEN'S RACE TRAINING

Looking to try your first bike race but don't know where to begin?

Join us for a continuation of the 7th Annual Women's Cycling Series in previewing the Glencoe Grand Prix Course and getting tips on riding the course during the race—the day before the race!

When: Saturday August 8th from 3-5pm (Registration 2:30pm)

What: Course preview with race experts and coaches to train you how to race safely and successfully.

Who: Open to all women

Where: Downtown Glencoe, IL. Meet at the Fire house, Bay number 1, 325 Hazel Avenue Glencoe IL 60022

Cost: Free!

Registration: Starts at 2:30pm, you will be asked to sign the USAC Rider Release Form and get a one day license if not a USAC Member. One day licenses are being sponsored by the Glencoe Grand Prix.

What's the catch? We are encouraging all women to then register for the Women's Cat III/IV race which will take place on the same course Sunday, August 9th @ 8:30AM. Check out www.glencoegrandprix.com

Join the Chick Train



USAC Permit Pending

Questions?

Contact—

Francine@albertoscycles.com

Please note to race the following is required -

- Road bike with drop handlebars
- Helmet
- Jersey with sleeves

Sponsors:

